



City of *Downey*

# **Disability Services Brochure & Adaptive Recreation Referral Guide**

Information and referrals to  
community services  
for persons with disabilities

## **GREETINGS!**

**This Disability Services brochure provides brief information and referrals to community service programs for people living with disabilities in the City of Downey.**

**The City of Downey takes suggestions and concerns of the public seriously and is committed to making its programs, services and activities accessible to people with disabilities.**

**If you have any questions or reasonable accommodations request for City services and programs, please contact the City's ADA phone number at (562) 299-6619 or by email: [ADACoordinator@downeyca.org](mailto:ADACoordinator@downeyca.org).**

**Please note: This brochure was created for information purposes only. City of Downey does not responsible for the actions taken by the agencies listed below.**

**Revised June 2022**

## **ACCESS TO CITY OF DOWNEY PUBLIC MEETINGS**

All City Council meetings are captioned in real time on monitors at Downey City Hall Chambers and on YouTube and Zoom livestreams. Assistive Listening Devices (ALD) are available for checkout at these and other City of Downey meetings.

if special assistance is needed to participate in this meeting, complete the City's Title II ADA Reasonable Accommodation Form located on the City's website ([downeyca.org/ada](http://downeyca.org/ada)) and at City Hall - City Clerk's Department, 11111 Brookshire Avenue, Monday – Friday, 7:30 a.m. – 5:30 p.m., and submit to the City Clerk's Department or contact (562) 904-7280 or TTY 7-1-1, 24 business hours prior to the City Council meeting.

## **ADHD**

### **Children and Adults with Attention-Deficit: Hyperactivity Disorder (C.H.A.D.D)**

(714) 695-1057

[www.greaterocchadd.org](http://www.greaterocchadd.org)

### **Autism**

#### **Autism Society of America**

(800) 328-8476

[autism-society.org](http://autism-society.org)

#### **Autism Society of Orange County**

(714) 282-9005

[asaoc.tripod.com](http://asaoc.tripod.com)

## **ANIMAL SERVICES**

### **Canine Companions for Independence—Southwest Region**

Provides service dogs to adults, children and veterans with disabilities and facility dogs to professionals working in healthcare, criminal justice and educational settings. (800) 572-2275 or [www.cci.org](http://www.cci.org)

**Paws 4 Healing**

Provides animal-assisted activities/therapy services at facilities in local communities. [www.paws4healing.info](http://www.paws4healing.info)

**PAWS/LA**

Assists low-income animal guardians who are living with HIV/AIDS or other life-threatening illness to keep and care for companion animals. (213) 741-1950 or [www.pawsla.org](http://www.pawsla.org)

**BENEFITS INFORMATION****SOCIAL SECURITY/SUPPLEMENTAL SECURITY INCOME (SSI)**

(800) 772-1213, TTY (800) 325-0778 or [www.ssa.gov](http://www.ssa.gov)

**STATE DISABILITY INSURANCE OFFICE**

(800) 480-3287, TTY (800) 563-2441 or  
[www.edd.ca.gov/disability](http://www.edd.ca.gov/disability)

**STATE EMPLOYMENT SERVICES OFFICE**

(800) 300-5616 or [www.edd.ca.gov](http://www.edd.ca.gov)

**BLIND/VISUALLY IMPAIRED****BEACH CITIES BRAILLE GUILD INC., HUNTINGTON BEACH**

(212) 502-7612

[www.afb.org](http://www.afb.org)

**BRILLE INSTITUTE, ANAHEIM**

Anaheim: (714) 821-5000

Los Angeles: (323) 663-1111

[www.brailleinstitute.org](http://www.brailleinstitute.org)

**FOUNDATION FIGHTING BLINDNESS, LOS ANGELES CHAPTER**

(866) 782-7330

<https://www.fightingblindness.org/chapters/los-angeles-chapter>

**INSTITUTE FOR FAMILIES, LOS ANGELES**

[www.instituteforfamilies.org](http://www.instituteforfamilies.org)

**JOHN TRACY CLINIC, LONG BEACH**

(213) 748-5481

Long Beach Office: (562) 426-2257

[www.jtc.org](http://www.jtc.org)

**CEREBRAL PALSY**

**CEREBRAL PALSY GROUP**

(800) 226-6581

[www.cerebralpalsygroup.com](http://www.cerebralpalsygroup.com)

**CEREBRAL PALSY GUIDANCE**

(866) 579-8495

[www.cerebralpalsyguidance.com](http://www.cerebralpalsyguidance.com)

**CEREBRAL PALSY GUIDE**

(855) 220-1101

[www.cerebralpalsyguide.com](http://www.cerebralpalsyguide.com)

**UNITED CEREBRAL PALSY OF LOS ANGELES**

(818) 782-2211

[www.ucpla.org](http://www.ucpla.org)

**UNITED CEREBRAL PALSY OF ORANGE COUNTY**

(949) 333-6400

[www.ucpoc.org](http://www.ucpoc.org)

**DEAF/HEARING IMPAIRED**

**FIRST CALL HEARING AIDE HELPLINE**

(800) 521-5247

[www.healthfinder.gov](http://www.healthfinder.gov)

**S.E.E. CENTER FOR THE ADVANCEMENT OF DEAF CHILDREN,  
LOS ALAMITOS**

(562) 430-1467

[www.seecenter.org](http://www.seecenter.org)

**ORANGE COUNTY DEAF EQUAL ACCESS FOUNDATION,  
CYPRESS**

(714) 503-0669

[www.ocdeaf.org](http://www.ocdeaf.org)

**PROVIDENCE SPEECH & HEARING CENTER, ORANGE**

(855) 901-7742

[www.pshc.org](http://www.pshc.org)

### **DOWN SYNDROME**

#### **Down Syndrome Association of Los Angeles**

(818) 786-0001

[www.dsala.org](http://www.dsala.org)

#### **Down Syndrome Association of Orange County**

(714) 540-5794

[www.dsaoc.org](http://www.dsaoc.org)

### **EDUCATION**

#### **TASK (Team of Advocates for Special Kids)**

Specializes in special education support for people with disabilities from birth to age 26 and their families. (866) 828-8275 or

[www.taskca.org](http://www.taskca.org)

#### **CYPRESS COLLEGE DISABLED STUDENTS PROGRAM & SERVICES, CYPRESS COLLEGE**

Phone: (714) 484-7104

TDD: (714) 761-0961

[www.cypresscollege.edu/services/dss](http://www.cypresscollege.edu/services/dss)

#### **CERRITOS COLLEGE DISABLED STUDENTS PROGRAMS AND SERVICES**

Provide equal access to students with disabilities across campus.

(562) 860-2451 ext. 2335

### **EMERGENCY PREPAREDNESS PROGRAMS**

#### **SPECIAL NEEDS AWARENESS STICKER PROGRAM**

The Sticker Program alerts officers that a person inside the home or vehicle may have special needs and let the officers know instructions may not be easily understood. The stickers are available free to the public and can be placed near the front door of a home or a car window. Pick up the stickers at the Downey Police Department Lobby. (562) 861-0771.

## **EMERGENCY**

The City's Emergency Management Division offers a variety of emergency preparedness programs and services. (562) 904-7345

**ALERT LA**— This is an emergency mass notification system. Register cell phone at <https://www.lacounty.gov/emergency/alert-la/>

## **FAMILIES & COMMUNITIES TOGETHER ORANGE COUNTY (FACT)**

(714) 566-2878  
[www.factoc.org](http://www.factoc.org)

## **HAND OF LOVE, SANTA ANA**

(714) 253-2574  
[www.helpinghandsoc.org](http://www.helpinghandsoc.org)

## **GOVERNMENT AGENCIES**

### **LOS ANGELES COUNTY COMMISSION ON DISABILITIES**

The advisory body to the Los Angeles County Board of Supervisors which offers an extensive list of useful services supporting persons with disabilities.  
(213) 974-1053, TTY (213) 974-1707 or [www.laccod.org](http://www.laccod.org)

### **PACIFIC ADA AND INFORMATION TECHNOLOGY CENTER**

Provides technical assistance to businesses, employers, public facilities, and people with disabilities and the organizations that represent them. Provides a toll-free ADA information line.  
Voice/TTY (800) 949-4232 or (510) 285-5600 or [www.adapacific.org](http://www.adapacific.org)

### **STATE DEPARTMENT OF REHABILITATION**

Provides vocational training and placement, needed medical services and advocacy for persons living with disabilities.  
For West Hollywood area call (213) 736-3904, TTY (213) 736-3960 or [www.dor.ca.gov](http://www.dor.ca.gov)

### **UNITED STATES DEPARTMENT OF JUSTICE**

Specialists are available to answer your questions regarding the ADA.  
(800) 514-0301, TTY (800) 514-0383 or [www.ada.gov](http://www.ada.gov)

## **HEALTH CARE**

### **IN HOME SUPPORTIVE SERVICES**

(916) 654-1690

[www.dds.ca.gov](http://www.dds.ca.gov)

### **ORANGE COUNTY HEALTH CARE/CALIFORNIA CHILDREN'S SERVICES (CCS), SANTA ANA**

(714) 347-0300

[www.ochealthinfo.com](http://www.ochealthinfo.com)

## **HOUSING**

### **AFFORDABLE LIVING FOR THE AGING**

Roommate referral services, shared housing and co-op living for seniors. Matching for younger persons with older persons is also available.

(323) 650-7988 or [www.alaseniorkiving.org](http://www.alaseniorkiving.org)

### **NEW DIRECTIONS**

A wide variety of services for recently homeless veterans.

(310) 914-4045 or [www.ndvets.org](http://www.ndvets.org)

### **OCEAN HOUSING FOUNDATION APARTMENTS**

Thirteen units for developmentally disabled households. Call United Cerebral Palsy for information at (818) 782-2211 or [www.ucpla.org](http://www.ucpla.org)

### **SECTION 8 PROGRAM - LOS ANGELES COUNTY**

Assists low-income families, seniors and people living with disabilities obtain affordable, privately owned rental housing. Waiting list is 7-10 years. (800) 731-4663 or (626) 262-4510 [www.hacola.org](http://www.hacola.org).  
TDD 855.892.6095

### **CASA MARIA DEL RIOS APARTMENTS, FULLERTON**

Phone: (714) 680-8815

[Independent Living Skills Transition Services](#)

**Aspen Education Group, Cerritos**

Phone: (888) 972-7736



## **EASTER SEALS**

Phone: (714) 834-1111

Website: [southerncal.easterseals.com](http://southerncal.easterseals.com)

## **LEGAL SERVICES**

### **DISABILITY RIGHTS ADVOCATES**

A Guide to Health Care & Insurance Rights & Resources for Californians with Disabilities. [www.dralegal.org](http://www.dralegal.org)

### **DISABILITY RIGHTS LEGAL CENTER**

Provides legal services, mediations and referrals to people living with disabilities. (213) 736-1031, TTY (213) 736-8310 or [www.disabilityrightslegalcenter.org](http://www.disabilityrightslegalcenter.org)

### **DISABILITY RIGHTS CALIFORNIA**

Agency designated under federal law to protect and advocate for the rights of Californians with disabilities. (866) 833-6712, TTY: (877) 669-6023 or [www.disabilityrightscal.org](http://www.disabilityrightscal.org)

### **DISABILITY RIGHTS EDUCATION AND DEFENSE FUND (DREDF)**

A national law and policy center to help people with disabilities [www.dredf.org](http://www.dredf.org)

## **SOCIAL SERVICES**

### **THE ARC OF SOUTHEAST LOS ANGELES AND ORANGE COUNTIES**

The Arc Los Angeles and Orange Counties provides for people with intellectual and developmental disabilities the ability to form and work towards goals through training and education, based on their individual abilities. Address: 12049 Woodruff Avenue, Downey, CA 90241. (562) 803-4606 or [www.arcsealac.org](http://www.arcsealac.org)

### **AT Network**

Information on equipment and assistive technology. (800) 390-2699 (Spanish), (800) 900-0706 (TTY) or [www.atnet.org](http://www.atnet.org)

### **CALIFORNIA FOUNDATION FOR INDEPENDENT LIVING CENTERS**

Resources for people with disabilities

[www.cfilc.org](http://www.cfilc.org)

**CALIFORNIA HEALTH ADVOCATES**

Information on Medicare, Medicare Part D prescription drug coverage, and financial aid for Medicare members.

[www.cahealthadvocates.org](http://www.cahealthadvocates.org)

**CENTER FOR PARENT INFORMATION AND RESOURCES**

(973) 642-8100

[www.parentcenterhub.org](http://www.parentcenterhub.org)

**DAYLE MCINTOSH CENTER FOR THE DISABLED**

(714) 621-3300

[www.daylemc.org](http://www.daylemc.org)

**DISABLED AMERICAN VETERANS**

AV is a nonprofit charity that provides a lifetime of support for veterans of all generations and their families, helping more than 1 million veterans in positive, life-changing ways each year. Address: 13733 Rosecrans Ave, Santa Fe Springs, CA 90670. (562) 404-1266 or [www.dav.org](http://www.dav.org)

**DISABILITY SERVICES SPECIALIST**

Provides counseling, advocacy, consumer services, referrals, support services. (323) 851-8202, TTY (323) 851-1496 or [www.ifsla.org](http://www.ifsla.org)

**DISABILITY COMMUNITY RESOURCE CENTER**

Provides information and referral, counseling, advocacy and support groups for people living with disabilities.

(310) 390 - 3611 or [www.dcrc.co](http://www.dcrc.co)

**DISABILITY AWARENESS FOUNDATION**

(949) 598-2952

**FAMILY VOICES**

Health care advocacy for children with disabilities

(888) 835-5669

[www.familyvoices.org](http://www.familyvoices.org)

**FAMILY RESOURCE CENTER NETWORK OF CALIFORNIA  
(FRCNCA)**

Find your local center, which provides support for families of children with disabilities and special health care needs.  
(916) 993-7781 or [www.frcnca.org](http://www.frcnca.org)

### **IN HOME SUPPORT SERVICES (IHSS)**

Program to help low-income aged, blind, and disabled people remain safely in their own homes

[www.cdss.ca.gov/In-Home-Supportive-Services](http://www.cdss.ca.gov/In-Home-Supportive-Services)

### **PATHWAYS**

Child care information and referral for families who have a child living with a disability. (213) 427-2700 or [www.pathwaysla.org](http://www.pathwaysla.org)

### **SOCIAL VOCATIONAL SERVICES**

Offers a wide range of quality, individualized programs for adults with Developmental/Intellectual disabilities. They include Community Inclusion, Career Exploration, Supported Employment, Supported/Independent Living, Residential, Alternative, and Transportation Services. <https://socialvocationalservices.org/>

### **SOUTH CENTRAL LOS ANGELES REGIONAL CENTER FOR PERSONS WITH DEVELOPMENTAL DISABILITIES, INC. (SCLARC)**

A private, non-profit organization that is a comprehensive resource for evaluation, diagnosis, treatment, advocacy and support for people diagnosed with developmental disabilities. Address: 12226 Garfield Avenue, South Gate, CA 90280. (213) 744-7000 or <http://www.sclarc.org>

### **SOUTHERN CALIFORNIA RESOURCE SERVICES FOR INDEPENDENT LIVING (SCRS-IL)**

A cross-disability, non-residential, disability rights organization empowering people with any disability to live full and independent lives by committing to building an inclusive community that recognizes the dignity, humanity, and worth of all people. Address: 7830 Quill Drive, Ste D, Downey, CA 90242. (562) 862-6531 or [www.scrs-ilc.org](http://www.scrs-ilc.org)

### **Social Security Administration**

(800) 772-1213

[www.ssa.gov](http://www.ssa.gov)

### **Harbor Regional Center, Torrance**

(310) 540-1711  
[www.harborrc.org](http://www.harborrc.org)

## **TRANSPORTATION**

### **DIAL-A-RIDE**

The City's Dial-A-Ride program is a shared curb-to-curb transportation service provided to the City of Downey residents who are 65 years of age, or those with a physician-certified disability which prohibits the use of public transportation. The service operates within the City of Downey boundaries and travels to Kaiser Bellflower and Cerritos College. Available for trips:

Monday - Friday:	6:30 am - 6:30 pm
Saturday:	8:00am - 3:30pm
Sunday:	7:30am - 1:00pm

Advance registration and appointment are required. (562) 904-7215 for reservations and more information.

### **ACCESS SERVICES**

County transportation service that provides paratransit transportation for people living with disabilities. An application and interview process is required for this service.

(800) 827-0829, TDD (800) 827-1359 or [www.asila.org](http://www.asila.org)

### **CALIFORNIA DRIVING SCHOOL, INC.**

Offers cars equipped with special controls for people living with disabilities, including: hand controls, left foot gas, crossover turn signal, tri-pin spinner, knob and regular spinner. Class C (4 door sedans) only. Fee for a two-hour evaluation.

(800) 522-5374 or [www.California-driving-school.com](http://www.California-driving-school.com)

### **DEPARTMENT OF MOTOR VEHICLES**

Disabled placards may be obtained at the DMV. Appointments call (800) 777-0133, TTY (800) 368-4327 or [www.dmv.ca.gov](http://www.dmv.ca.gov).

### **Other Transportation Agencies**

#### **AMTRAK PASSENGER STATION**

Phone: (800) 872-7245

TDD/TTY: (800) 523-6590

[www.amtrak.com](http://www.amtrak.com)

**CHILD SHUTTLE, ANAHEIM**

Phone: (714) 999-2881

[www.childshuttle.com](http://www.childshuttle.com)

**ORANGE COUNTY TRANSIT AUTHORITY (OCTA)—ACCESS**

Phone: (714) 560-OCTA (6282)

[www.octa.net](http://www.octa.net)

**ADAPTIVE RECREATION SERVICES**

Adaptive Physical Education

**CYPRESS COLLEGE**

(714) 484-7104

[www.cypresscollege.edu/services/dss](http://www.cypresscollege.edu/services/dss)

**CERRITOS COLLEGE**

(562) 860-2451, ext. 2335

[www.cms.cerritos.edu/dsps/resources/adapted-pe.htm](http://www.cms.cerritos.edu/dsps/resources/adapted-pe.htm)

**LONG BEACH CITY COLLEGE**

(562) 938-4075

Adaptive and Therapeutic Music and Art

**ASSISTANCE LEAGUE, IRVINE**

(818) 846-3777

[assistanceleague.org](http://assistanceleague.org)

**CREATIVE IDENTITIES**

(714) 780-0393

[www.creativeidentity-oc.org](http://www.creativeidentity-oc.org)

**ORANGE COUNTY CHILDREN'S THERAPEUTIC ART CENTER**

(714) 547-5468

[www.occtac.org](http://www.occtac.org)

Adult Day Services

**ABILITY FIRST**

(877) 768-4600

<https://www.abilityfirst.org/>

**WORKFORCE DEVELOPMENT AGING & COMMUNITY SERVICES**

(800) 510-2020

<https://wdacs.lacounty.gov/>

**GET TOGETHER ADULT DAY HEALTH CARE, TORRANCE**

(310) 965-0110

[www.adhc.net](http://www.adhc.net)

**INSTITUTE FOR APPLIED BEHAVIOR ANALYSIS, LOS ANGELES**

(310) 649-0499

[www.iaba.com](http://www.iaba.com)

**INTEGRITY HOUSE, SANTA ANA**

(714) 542-0855

[www.allianceofabilities.org](http://www.allianceofabilities.org)

**LIFE SHARING, NORWALK**

(562) 863-6431

**RANCHO ADULT DAY SERVICES, DOWNEY**

(877) 726-2461

[www.rancho.org](http://www.rancho.org)

Child Care Camps

**ABILITY FIRST, ANAHEIM**

(877) 768-4600

[www.abilityfirst.org](http://www.abilityfirst.org)

**CAMP NUGGET, CAL STATE UNIVERSITY LONG BEACH**

(562) 985-7969

[web.csulb.edu/programs/summer-camps/nugget](http://web.csulb.edu/programs/summer-camps/nugget)

**CAMP DREAM STREET**

(424) 333-1371

[www.dreamstreetfoundation.org](http://www.dreamstreetfoundation.org)

**HELP FOR BRAIN INJURED CHILDREN, LA HABRA**

(562) 694-5655

[www.hbic.org](http://www.hbic.org)

**JUNIOR BLIND OF AMERICA—CAMP BLOOMFIELD, LOS ANGELES**

(323) 295-4555

[www.wayfinderfamily.org](http://www.wayfinderfamily.org)

**MDA SUMMER CAMP**

(800) 572-1717

[www.mda.org/services/mda-summer-camp](http://www.mda.org/services/mda-summer-camp)

**THE QUEST DAY CAMP, HUNTINGTON BEACH**

(714) 490-3428

[www.questcampsofsocal.com](http://www.questcampsofsocal.com)

**YMCA, LONG BEACH**

Los Cerritos Center: (562) 925-1292

Lakewood: (562) 425-7431

[www.lbymca.org](http://www.lbymca.org)

**Early Intervention**

**ARTESIA CHILDREN'S CENTER— ABCUSD, LAKEWOOD**

(562) 926-5566

[www.abcusd.k12.ca.us](http://www.abcusd.k12.ca.us)

**IRLEN INSTITUTE, LONG BEACH**

(562) 496-2550

[www.irlen.com](http://www.irlen.com)

**PLAY LEARNING CENTER, LONG BEACH**

562) 472-5400

**Job Training/Rehabilitation**

**DEPARTMENT OF REHABILITATION**

Santa Ana: (714) 662-6030

Anaheim: (714) 991-0800

Norwalk: (562) 864-8521

[www.dor.ca.gov](http://www.dor.ca.gov)

**WESTVIEW SERVICES, INC., LOS ANGELES**

(310) 891-2030

[www.westviewservices.org](http://www.westviewservices.org)

**Mental Health Counseling**

**BHC-ALHAMBRA HOSPITAL**

(626) 470-9583

[www.bhcalhambrahospital.net](http://www.bhcalhambrahospital.net)

**CHILD NET—YOUTH AND FAMILY SERVICES, LONG BEACH**

(562) 498-5500

[www.childnet.net](http://www.childnet.net)

**COLLEGE HOSPITAL PARTIAL HOSPITALIZATION**

Cerritos: (562) 924-9581

Long Beach: (562) 997-2000

[www.collegehospitals.com](http://www.collegehospitals.com)

**THE JOHN HENRY FOUNDATION, SANTA ANA**

(714) 480-0025

[www.johnhenry.org](http://www.johnhenry.org)

**UCLA MEDICAL CENTER**

(800) 825-2631

[www.uclahealth.org](http://www.uclahealth.org)

**Nutrition**

**SALVATION ARMY**

Downey: (562) 803-3115

[www.salvationarmyusa.org](http://www.salvationarmyusa.org)

**Respite Services**

**HARBOR REGIONAL CENTER, TORRANCE**

(310) 540-1711

[www.harborrc.org](http://www.harborrc.org)

**Self Help & Support Groups**

**CHILD GUIDANCE CENTER, SANTA ANA**

(714) 953-4455

[www.childguidancecenteroc.org](http://www.childguidancecenteroc.org)

**COMFORT CONNECTION FAMILY RESOURCE CENTER, SANTA ANA**

(714) 796-5100

[www.rcocdd.com](http://www.rcocdd.com)

**UNITED STATES ADAPTIVE RECREATION CENTER**

(909) 584-0269

[www.usarc.org](http://www.usarc.org)



Sports Leagues

**CHALLENGER BASEBALL & SOFTBALL LITTLE LEAGUES,  
CYPRESS & LONG BEACH**

(909) 887-6446

[www.littleleague.org](http://www.littleleague.org)

**SPECIAL OLYMPICS—SOUTHEAST LOS ANGELES**

(562) 502-1100

[www.sosc.org](http://www.sosc.org)

Technical Assistance

**GOODWILL INDUSTRIES, SANTA ANA**

(714) 795-3170

[www.ocgoodwill.org](http://www.ocgoodwill.org)

Therapeutic & Adaptive Recreation

**ABILITY FIRST**

(877) 768-4600

[www.abilityfirst.org](http://www.abilityfirst.org)

**ANAHEIM EQUESTRIAN CENTER—RANCHO DEL RIO STABLE,  
ANAHEIM**

(714) 535-3510

[www.naheimequestriancenter.com](http://www.naheimequestriancenter.com)

**ANAHEIM V.I.P. CENTER, ANAHEIM**

(714) 220-2114

[www.ochealthcare.com/adulthoodcare.htm](http://www.ochealthcare.com/adulthoodcare.htm)

**CITY OF BELLFLOWER—SPECIAL NEEDS PROGRAM**

(562) 804-1424 ext. 2268

[www.bellflower.org/depts/parks/default.asp](http://www.bellflower.org/depts/parks/default.asp)

**CITY OF IRVINE—DISABILITY SERVICES**

(949) 724-6637

[www.cityofirvine.org/disability-services](http://www.cityofirvine.org/disability-services)

**CITY OF LAKEWOOD**

(562) 865-1717

[www.lakewoodcity.org/services/recreation/default.asp](http://www.lakewoodcity.org/services/recreation/default.asp)

**CITY OF LA MIRADA**

(562) 943-7277

<https://secure.rec1.com/CA/la-mirada-community-services/catalog/index?search=adaptive>

**CITY OF NORWALK—THERAPEUTIC RECREATION**

(562) 929-5611

[www.ci.norwalk.ca.us/city-hall/departments/recreation-park-services/adaptive-recreation](http://www.ci.norwalk.ca.us/city-hall/departments/recreation-park-services/adaptive-recreation)

**CITY OF WHITTIER—THERAPEUTIC RECREATION**

(562) 567-9430

[www.whittierprcs.org/recreation/brochure](http://www.whittierprcs.org/recreation/brochure)

**DISABLED SPORTS USA**

(301) 217-0960

[www.disabledsportsusa.org/chapters/location-map/](http://www.disabledsportsusa.org/chapters/location-map/)

**EPILEPSY FOUNDATION, ENCORE PROGRAM, LOS ANGELES**

(310) 670-2870

<https://endepilepsy.org/greaterlosangeles/>

**GOODWILL FITNESS CENTER, ORANGE COUNTY**

(714) 547-6308

[www.ocgoodwill-fitnesscenter.org](http://www.ocgoodwill-fitnesscenter.org)

**RANCHO LOS AMIGOS NATIONAL REHABILITATION CENTER**

(877) 726-2461

[www.dhs.lacounty.gov/wps/portal/dhs/rancho](http://www.dhs.lacounty.gov/wps/portal/dhs/rancho)

**RIDE YOUR HORSE THERAPEUTIC RIDING CERRITOS**

(562) 677-4077

[www.rideyourhorsecerritos.com](http://www.rideyourhorsecerritos.com)

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