

GARY P. MCCAUGHAN GYMNASIUM

12544 Rives Avenue • (562) 904-7128
Email: parksandrec@downeyca.org

REGULAR HOURS OF OPERATION

Monday-Friday 12:00pm - 8:00pm
Saturday 9:00am - 5:00pm

Class Registration Policy for Gym Programs

Registration for all gym programs will begin on **August 14, 2023** on a first-come, first served basis until the programs are filled. Program registration will not be accepted without the fees. Registration will be taken during the gymnasium regular hours of operation.

Please follow our Instagram for all current class updates @apolloparkdowneysports

BASEBALL T-BALL SKILLS & PLAY LEAGUE

Instructor: Mario Miranda
Location: Baseball Diamonds at Apollo Park
Fee: Resident: \$80.00 | Non-resident: \$84.00
Uniform fee: \$50.00

CODE	AGES	TIME	DAY	DATES
28496	3 yrs	9:00am - 10:00am	Sat	Sep 9 - Oct 14
28917	3 yrs	9:00am - 10:00am	Sat	Oct 21 - Dec 2
28497	4 yrs	10:00am - 11:00am	Sat	Sep 9 - Oct 14
28918	4 yrs	10:00am - 11:00am	Sat	Oct 21 - Dec 2
28498	5 yrs	11:00am - 12:00pm	Sat	Sep 9 - Oct 14
28919	5 yrs	11:00am - 12:00pm	Sat	Oct 21 - Dec 2

No class Nov 25.

BASEBALL SKILLS & PLAY LEAGUE

Instructor: Mario Miranda
Location: Baseball Diamonds at Apollo Park
Fee: Resident: \$80.00 | Non-resident: \$84.00
Uniform fee: \$50.00

CODE	AGES	TIME	DAY	DATES
28499	6-7 yrs	12:00pm - 1:00pm	Sat	Sep 9 - Oct 14
28920	6-7 yrs	12:00pm - 1:00pm	Sat	Oct 21 - Dec 2
28500	8-9 yrs	1:00pm - 2:00pm	Sat	Sep 9 - Oct 14
28921	8-9 yrs	1:00pm - 2:00pm	Sat	Oct 21 - Dec 2
28501	10-12 yrs	2:00pm - 3:00pm	Sat	Sep 9 - Oct 14
28922	10-12 yrs	2:00pm - 3:00pm	Sat	Oct 21 - Dec 2

No class Nov 25.

BASEBALL PITCH, HIT & CATCH

Instructor: Mario Miranda
Location: Baseball Diamonds at Apollo Park
Fee: Resident: \$60.00 | Non-resident: \$64.00
Uniform fee: \$25.00

CODE	AGES	TIME	DAY	DATES
28504	3-6 yrs	5:00pm - 6:00pm	Tue/Thu	Sep 5 - Sep 28
28507	3-6 yrs	5:00pm - 6:00pm	Tue/Thu	Oct 3 - Oct 26
28510	3-6 yrs	5:00pm - 6:00pm	Tue/Thu	Nov 2 - Nov 30
28505	7-12 yrs	6:00pm - 7:00pm	Tue/Thu	Sep 5 - Sep 28
28508	7-12 yrs	6:00pm - 7:00pm	Tue/Thu	Oct 3 - Oct 26
28511	7-12 yrs	6:00pm - 7:00pm	Tue/Thu	Nov 2 - Nov 30

No class Nov 23.

RUNNING INSTRIDE RUNNING CLUB

Instructor: Eric Nilsen
Location: Apollo Park Open Space
Fee: Resident: \$125.00 | Non-resident: \$129.00
Uniform fee: \$50.00

CODE	AGES	TIME	DAY	DATES
28532	7-17 yrs	6:00pm - 7:30pm	M/W/TH	Oct 2 - Dec 14

60 BEGINNERS
Fee: Resident: \$60.00 | Non-resident: \$64.00
Uniform fee: \$50

CODE	AGES	TIME	DAY	DATES
28529	7-17 yrs	6:00pm - 7:30pm	M/W/TH	Sep 4 - Sep 28



BASKETBALL HALF PINT HOOPS SKILLS & PLAY LEAGUE BASKETBALL

Instructor: Premier
Location: Apollo: McCaughan Gym at Apollo Park
Fee: Resident: \$40.00 | Non-resident: \$44.00
Uniform fee: \$25.00

CODE	AGES	TIME	DAY	DATES
28462	3 yrs	4:00pm - 5:00pm	Fri	Sep 8 - Sep 29
28466	3 yrs	4:00pm - 5:00pm	Fri	Oct 6 - Oct 27
28463	4 yrs	5:00pm - 6:00pm	Fri	Sep 8 - Sep 29
28467	4 yrs	5:00pm - 6:00pm	Fri	Oct 6 - Oct 27
28464	5-6 yrs	6:00pm - 7:00pm	Fri	Sep 8 - Sep 29
28468	5-6 yrs	6:00pm - 7:00pm	Fri	Oct 6 - Oct 27

BASKETBALL D-LEAGUE

Instructor: Premier
Location: McCaughan Gym at Apollo Park
Fee: Resident: \$80.00 | Non-resident: \$84.00
Uniform fee: \$50.00

CODE	AGES	TIME	DAY	DATES
28474	6-7 yrs	12:00pm - 1:00pm	Sat	Sep 9 - Oct 28
28475	8-9 yrs	1:00pm - 2:00pm	Sat	Sep 9 - Oct 28
28476	10-11 yrs	2:00pm - 3:00pm	Sat	Sep 9 - Oct 28
28477	12-13 yrs	3:00pm - 4:00pm	Sat	Sep 9 - Oct 28

BASKETBALL SKILLS & PERFORMANCE

Instructor: Premier
Location: Outdoor Basketball Courts at Apollo Park
Fee: Resident: \$60.00 | Non-resident: \$64.00
Uniform fee: \$30.00

CODE	AGES	TIME	DAY	DATES
28480	7-11 yrs	5:00pm - 6:00pm	Tue/Thu	Sep 5 - Sep 28
28484	7-11 yrs	5:00pm - 6:00pm	Tue/Thu	Oct 3 - Oct 26
28914	7-11 yrs	5:00pm - 6:00pm	Tue/Thu	Nov 7 - Dec 7
28481	12-14 yrs	6:00pm - 7:00pm	Tue/Thu	Sep 5 - Sep 28
28483	12-14 yrs	6:00pm - 7:00pm	Tue/Thu	Oct 3 - Oct 26
28915	12-14 yrs	6:00pm - 7:00pm	Tue/Thu	Nov 7 - Dec 7

No class on Nov 21 and 23.

GIRLS BASKETBALL FALL LEAGUE

Instructor: Evolution
Location: McCaughan Gymnasium at Apollo Park
Fee: Resident: \$125.00. Non-resident: \$129.00
Uniform fee: \$50.00

CODE	AGES	TIME	DAY	DATES
28833	7-9 yrs	12:00pm - 2:00pm	Sun	Oct 29 - Dec 10
28834	10-13 yrs	7:00pm - 9:00pm	Thu	Nov 2 - Dec 14

No class on Nov 23.

GIRLS BASKETBALL LEAGUE PREP

Instructor: Evolution
Location: McCaughan Gymnasium at Apollo Park
Fee: Resident: \$65.00 | Non-resident: \$69.00
Uniform fee: \$50.00

CODE	AGES	TIME	DAY	DATES
28656	7-8 yrs	11:00am - 12:00pm	Sun	Sep 17 - Oct 8

JV DIVISION

CODE	AGES	TIME	DAY	DATES
28657	10-13 yrs	7:00pm - 8:30pm	Thu	Sep 7 - Sep 28
28843	10-13 yrs	10:00am - 11:30am	Sun	Nov 5 - Dec 3

No class on Nov 26.

GIRLS BASKETBALL SKILLS & FUNDAMENTALS

Instructor: Evolution
Location: Outdoor Basketball Courts at Apollo Park
Fee: Resident: \$35.00 | Non-resident: \$39.00
Uniform fee: \$15.00

CODE	AGES	TIME	DAY	DATES
28835	7-13 yrs	7:00pm - 8:00pm	Tue	Sep 5 - Sep 26
28839	7-13 yrs	7:00pm - 8:00pm	Tue	Nov 7 - Nov 28

INTERMEDIATE/ADVANCE SKILL WORK

CODE	AGES	TIME	DAY	DATES
28838	9-13 yrs	8:00pm - 9:00pm	Tue	Sep 5 - Sep 26
28842	9-13 yrs	8:00pm - 9:00pm	Tue	Nov 7 - Nov 28

FUTSAL FUTSAL DEVELOPMENT PROGRAM (CLUB LEVEL)

Instructor: Toque
Location: Futsal Courts at Independence Park
8-Week Programs
Fee: Resident: \$185.00 | Non-resident: \$189.00
Uniform: \$35.00

CODE	AGES	TIME	DAY	DATES
28636	7-8 yrs	5:00pm - 6:00pm 2:30pm - 3:30pm	Tue Sat	Aug 29 - Oct 21
28637	7-8 yrs	5:00pm - 6:00pm 2:30pm - 3:30pm	Wed Sat	Aug 30 - Oct 21
28638	9-10 yrs	6:00pm - 7:00pm 3:30pm - 4:30pm	Tue Sat	Aug 29 - Oct 21
28639	9-10 yrs	5:00pm - 6:00pm 3:30pm - 4:30pm	Fri Sat	Sep 1 - Oct 21
28640	11-13 yrs	7:00pm - 8:00pm 4:30pm - 5:30pm	Wed Sat	Aug 30 - Oct 21
28641	11-13 yrs	6:00pm - 7:00pm 4:30pm - 5:30pm	Fri Sat	Sep 1 - Oct 21

4-Week Programs
Fee: Resident: \$95.00 | Non-resident: \$99.00
Uniform: \$15

CODE	AGES	TIME	DAY	DATES
28645	7-8 yrs	5:00pm - 6:00pm 2:30pm - 3:30pm	Tue Sat	Nov 4 - Dec 5
28646	7-8 yrs	5:00pm - 6:00pm 2:30pm - 3:30pm	Wed Sat	Nov 1 - Dec 2
28647	9-10 yrs	6:00pm - 7:00pm 3:30pm - 4:30pm	Tue Sat	Nov 4 - Dec 5
28648	9-10 yrs	5:00pm - 6:00pm 3:30pm - 4:30pm	Fri Sat	Nov 3 - Dec 2
28649	11-13 yrs	7:00pm - 8:00pm 4:30pm - 5:30pm	Wed Sat	Nov 1 - Dec 2
28650	11-13 yrs	6:00pm - 7:00pm 4:30pm - 5:30pm	Fri Sat	Nov 3 - Dec 2

No class on Sep 4, Oct 31, and Nov 20-26.

FUTSAL DEVELOPMENT PROGRAM (RECREATIONAL LEVEL)

Instructor: Toque
Location: Futsal Courts at Independence Park
8-Week Programs
Fee: Resident: \$185.00 | Non-resident: \$189.00
Uniform: \$35.00

CODE	AGES	TIME	DAY	DATES
28613	5-6 yrs	5:00pm - 6:00pm 9:00am - 10:00am	Mon Sat	Aug 28 - Oct 23
28614	5-6 yrs	5:00pm - 6:00pm 9:00am - 10:00am	Tue Sat	Aug 29 - Oct 21
28615	7 yrs	6:00pm - 7:00pm 10:00am - 11:00am	Mon Sat	Aug 28 - Oct 23
28616	7 yrs	6:00pm - 7:00pm 10:00am - 11:00am	Tue Sat	Aug 29 - Oct 21
28617	8 yrs	5:00pm - 6:00pm 11:00am - 12:00pm	Wed Sat	Aug 30 - Oct 21
28618	8 yrs	5:00pm - 6:00pm 11:00am - 12:00pm	Thu Sat	Aug 31 - Oct 21
28619	9-10 yrs	6:00pm - 7:00pm 12:30pm - 1:30pm	Wed Sat	Aug 30 - Oct 21
28620	9-10 yrs	6:00pm - 7:00pm 12:30pm - 1:30pm	Thu Sat	Aug 31 - Oct 21
28621	11-13 yrs	7:00pm - 8:00pm 1:30pm - 2:30pm	Mon Sat	Aug 28 - Oct 23
28622	11-13 yrs	7:00pm - 8:00pm 1:30pm - 2:30pm	Tue Sat	Aug 29 - Oct 21

4-Week Programs
Fee: Resident: \$95.00 | Non-resident: \$99.00
Uniform: \$15

CODE	AGES	TIME	DAY	DATES
28624	5-6 yrs	5:00pm - 6:00pm 9:00am - 10:00am	Mon Sat	Oct 30 - Dec 2
28625	5-6 yrs	5:00pm - 6:00pm 9:00am - 10:00am	Tue Sat	Nov 4 - Dec 5
28626	7 yrs	6:00pm - 7:00pm 10:00am - 11:00am	Mon Sat	Oct 30 - Dec 2
28627	7 yrs	6:00pm - 7:00pm 10:00am - 11:00am	Tue Sat	Nov 4 - Dec 5
28628	8 yrs	5:00pm - 6:00pm 11:00am - 12:00pm	Wed Sat	Nov 1 - Dec 2
28629	8 yrs	5:00pm - 6:00pm 11:00am - 12:00pm	Thu Sat	Nov 2 - Dec 2
28630	9-10 yrs	6:00pm - 7:00pm 12:30pm - 1:30pm	Wed Sat	Nov 1 - Dec 2
28631	9-10 yrs	6:00pm - 7:00pm 12:30pm - 1:30pm	Thu Sat	Nov 2 - Dec 2
28632	11-13 yrs	7:00pm - 8:00pm 1:30pm - 2:30pm	Mon Sat	Oct 30 - Dec 2
28633	11-13 yrs	7:00pm - 8:00pm 1:30pm - 2:30pm	Tue Sat	Nov 4 - Dec 5

No class on Sep 4, Oct 31, and Nov 20-26.

SOCCER LITTLE'S SOCCER

Instructor: Toque
Location: Athletic Field at Apollo Park
8-Week Programs
Fee: Resident: \$170.00 | Non-resident: \$174.00
Uniform: \$35.00

CODE	AGES	TIME	DAY	DATES
28604	3 yrs	4:00pm - 5:00pm 10:00am - 11:00am	Thu Sat	Aug 31 - Oct 21
28605	4 yrs	5:00pm - 6:00pm 11:00am - 12:00pm	Thu Sat	Aug 31 - Oct 21
28606	5 yrs	6:00pm - 7:00pm 12:00pm - 1:00pm	Thu Sat	Aug 31 - Oct 21

4-Week Programs
Fee: Resident: \$85.00 | Non-resident: \$89.00
Uniform: \$15.00

CODE	AGES	TIME	DAY	DATES
28608	3 yrs	4:00pm - 5:00pm 10:00am - 11:00am	Thu Sat	Nov 2 - Dec 2
28609	4 yrs	5:00pm - 6:00pm 11:00am - 12:00pm	Thu Sat	Nov 2 - Dec 2
28610	5 yrs	6:00pm - 7:00pm 12:00pm - 1:00pm	Thu Sat	Nov 2 - Dec 2

VOLLEYBALL VOLLEYBALL ACADEMY 1 (GIRLS & BOYS)

Instructor: Volitude
Location: McCaughan Gym at Apollo Park
Fee: Resident: \$100.00 | Non-resident: \$104.00
Uniform fee: \$30.00

If you have never been coached by a Volitude coach, you must sign up for this class first.

CODE	AGES	TIME	DAY	DATES
28514	9-18 yrs	4:00pm - 5:00pm	Thu	Sep 7 - Sep 28
28519	9-18 yrs	4:00pm - 5:00pm	Thu	Oct 5 - Oct 26
28524	9-18 yrs	4:00pm - 5:00pm	Thu	Nov 2 - Nov 30

No class on Nov 23.

VOLLEYBALL ACADEMY 2

Instructor: Volitude
Location: McCaughan Gym at Apollo Park
Uniform fee: \$30.00

If you have never been coached by a Volitude coach, you must sign up for Academy 1 first.

CODE	AGES	TIME	DAY	DATES
28515	9-18 yrs	4:00pm - 5:00pm 8:30am - 9:30am	Thu Sat	Sep 7 - Sep 30
28521	9-18 yrs	4:00pm - 5:00pm 8:30am - 9:30am	Thu Sat	Oct 5 - Oct 28
28526	9-18 yrs	4:00pm - 5:00pm 8:30am - 9:30am	Thu Sat	Nov 2 - Dec 2

BOYS - Fee: Resident \$150.00 | Non resident \$154.00

CODE	AGES	TIME	DAY	DATES
28516	9-18 yrs	6:00pm - 7:00pm 10:30am - 11:30am	Thu Sat	Sep 7 - Sep 30
28520	9-18 yrs	6:00pm - 7:00pm 10:30am - 11:30am	Thu Sat	Oct 5 - Oct 28
28525	9-18 yrs	6:00pm - 7:00		